

Mexico Outreach 2007

What to Bring/Wear

Warm sleeping bag

Sleeping pad

Pillow

Clothing for 8 days (please remember our dress code)

Girls: modest shirts (no bare midriff or sleeveless); pants or skirts for the ministry sites (if you are in La Mina, plan to wear skirts)

Boys: pants and t-shirts (no holes please) at the ministry sites and a nice shirt for evening services. (boys on the sports team can wear shorts under their pants to change into while they are playing). No earrings, or dyed hair please

PLEASE do not wear plain white t-shirts, t-shirts with beer logos or women, or shirts/sweatshirts with the DHS blue devil logo.

Shoes that are good in the mud (i.e. boots)

Warm clothes (rain proof is best!)

Bible, pen, notebook, and A Call to Prayer guide

Flashlight

Towel, washcloth (even if you don't plan on showering ☺)

Wet wipes or hand sanitizer

Toiletries (toothpaste, toothbrush, soap, DEODERANT)

Chapstick

Sunscreen (SPF 15 or higher)

Water bottle!

Personal medication

Beach chair (needs to be here by Thurs, April 5th if you want it)

\$ for seven or eight meals on the road

Sack lunch to bring on the road with you Saturday

Proof of U.S. citizenship (drivers license/photo ID and birth certificate or passport)

Optional:

Thermals

Flip flops (for shower)

Swimsuit (for San Diego on way home)

Bug repellent

Deck of cards or book to read

PLEASE DO NOT BRING:

Please leave expensive or valuable items at home. For the ride to Mexico, it is okay to use your Discman, GameBoy, or cell phone, but once we get to Mexico they need to get put away for the week. Better yet, don't bring them at all!