

Soul Care

“Excerpts from Philippians”

Why talk about Soul Care?

“...continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act according to his good purpose.” Philip. 2:12-13

Five commitments that are integral to a well nurtured soul:

1. Commit yourself to a _____.

“...being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.” Philip. 1:6

2. Commit yourself to live under the _____.

“For to me, to live is Christ and to die is gain.” Philip. 1:21

“I have set the Lord always before me. Because he is at my right hand, I will not be shaken.” Psalm 16:8

3. Commits yourself to the _____.

“I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death, and so, somehow, to attain to the resurrection from the dead.” Philip. 3:10-11

4. Commit yourself to a life of _____.

“If you have any encouragement from being united with Christ, if any comfort from his love, if any fellowship with the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and purpose. Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interests, but also to the interests of others.” Philip. 2:1-4

“I plead with Euodia and I plead with Syntyche to agree with each other in the Lord.” Philip. 4:2-3

5. Commit yourself to a life of _____.

“Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.... Join with others in following my example, brothers, and take note of those who live according to the pattern we gave you.” Philip. 3:12-14, 17

“Discipline yourself for the purpose of godliness.” 1 Tim 4:7 (NASB)

Resources:

Disciplines for the Christian Life by Donald S. Whitney
The Pilgrim's Progress by John Bunyan*
The Pursuit of God by A.W. Tozer

**Some may prefer a modern English version of the classic.*