

## Living as Salt and Light

Matthew 5:13-16

<sup>13</sup>*You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled by men.*

<sup>14</sup>*You are the light of the world. A city on a hill cannot be hidden. <sup>15</sup>Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. <sup>16</sup>In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.*

### Three uses for **salt**:

- 1) Salt preserves meat from decay
- 2) Salt enhances the flavor of food
- 3) Salt increases thirst

### Three uses for **light**:

- 1) Light illuminates darkness
- 2) Light guides those who can see
- 3) Light is essential for plant life to grow and reproduce

### Resources:

The Cost of Discipleship by Dietrich Bonehoeffer's  
Christian Counter-Culture by John Stott's  
Knowing God by JI Packer's  
The Divine Conspiracy by Dallas Willard  
Living in Sync by Darrell Johnson

### Glossary of terms:

**Exegesis** – What does the text say? (context, audience, word definitions, etc.)

**Hermeneutics** – What does the text mean? (To both those who 1<sup>st</sup> heard or read it in their historical context and what does it mean for us today?)

**Homiletics** – How do I teach the text? (State, explain, illustrate and apply the text)